

**Essentia Health St. Mary's-Detroit Lakes**  
1027 Washington Ave | Detroit Lakes, MN 56501

**Detroit Lakes, MN** (9,060 population)



2 surveys, 254 responses



8 focus groups, 354 participants



54 partnering organizations

## GUIDING PRINCIPLES

1. Collaborate towards solutions with multiple stakeholders (e.g. schools, worksites, medical centers, public health) to improve community health.
2. Build trust through collaboration with community members experiencing health disparities.
3. Prioritize sustainable evidence-based efforts around the greatest community good.
4. Create clear, specific, realistic, and action-oriented goals to improve priority health indicators.

## PROCESS

Work Together



Communicate

Mental Wellbeing	Substance Free	Child Care Access
<p><b>Indicators:</b> 35% of Becker County students feel that no one in the cares about them (2016) 35% of Becker County students have felt down, depressed or hopeless in the past 2 weeks (2016)</p> <p><b>Strategies:</b> - Expand youth mentoring programs and opportunities - Increase education and improve resiliency - Improve services for at risk youth</p>	<p><b>Indicators:</b> 945 people were in treatment in Becker County for chemical dependency (2017) 219 drug related arrests in Becker County (2017) 23% of all OB meconium cord tissue tests were positive for chemical use in 2018</p> <p><b>Strategies:</b> - Increase access to Medication Assisted Treatment - Develop a community coalition to address opioid use - Improve prevention efforts</p>	<p><b>Indicators:</b> 647 child care slots in Becker County needed (2018) 72 child care providers in Becker County (2018)</p> <p><b>Strategies:</b> - Support co-located child care facilities - Develop a child care career pathway - Develop a local re-licensing training for child care provider - Identify funding sources available to support child care providers</p>

