

Essentia Health-Duluth

502 E 2nd Street | Duluth, MN 55805

Essentia Health-St. Mary's Medical Center

407 E 3rd Street | Duluth, MN 55805

Duluth, MN (86,164 population)



19 focus groups



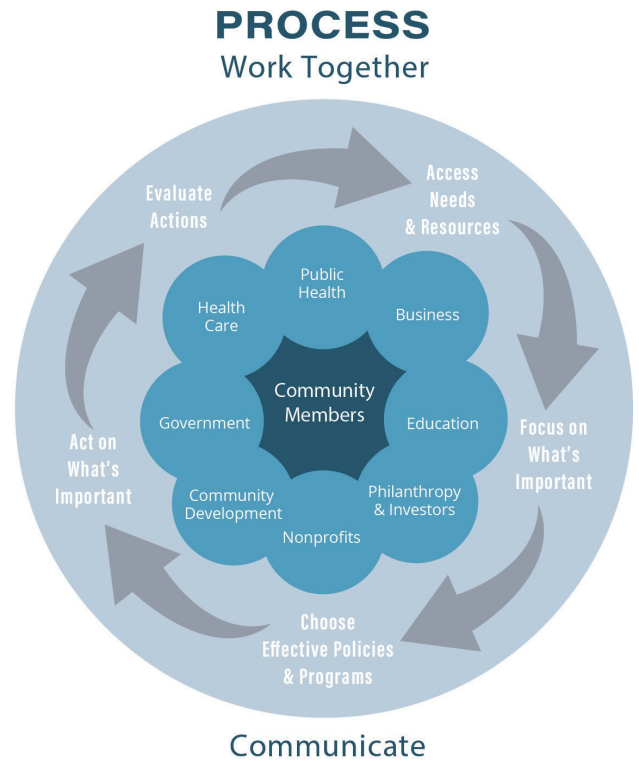
336 community members



75 partnering organizations

GUIDING PRINCIPLES

1. Collaborate towards solutions with multiple stakeholders (e.g. schools, worksites, medical centers, public health) to improve community health.
2. Build trust through collaboration with community members experiencing health disparities.
3. Prioritize sustainable evidence-based efforts around the greatest community good.
4. Create clear, specific, realistic, and action-oriented goals to improve priority health indicators.



| Mental Health | Youth Substance Abuse | Food Insecurity |
|---|---|--|
| <p>Indicator: Adults and youth who feel down, depressed, or hopeless.</p> <p>Strategies: Support safe care, improve crisis response, and adopt trauma informed practices.</p> <p>Result: All youth and adults in Duluth experience positive mental wellbeing and resilience.</p> | <p>Indicator: Past 30 day use of electronic cigarettes as reported by 9th graders in Duluth Public Schools.</p> <p>Strategies: Broadly share factual information, education campaigns, support local tobacco restriction policies, and enhance youth cessation resources.</p> <p>Result: All youth in Duluth are substance-free.</p> | <p>Indicator: Percent of people in Duluth who report feeling often worried about running out of food.</p> <p>Strategies: Support healthy and affordable retail options, develop clinical screening measures, and support breastfeeding.</p> <p>Result: People of Duluth have access to and consume healthy foods.</p> |

