

Essentia Health-Fargo

3000 32nd Avenue S | Fargo, ND 58103

Fargo, ND (115,950 population)



2 surveys, 756 responses



1 focus group, 56 participants



37 partnering organizations

GUIDING PRINCIPLES

1. Collaborate towards solutions with multiple stakeholders (e.g. schools, worksites, medical centers, public health) to improve community health.
2. Build trust through collaboration with community members experiencing health disparities.
3. Prioritize sustainable evidence-based efforts around the greatest community good.
4. Create clear, specific, realistic, and action-oriented goals to improve priority health indicators.

PROCESS

Work Together



Communicate

| Mental Health | Drug Free Communities | Healthier Fargo |
|---|--|--|
| <p>Indicators: 29% of high school students felt sad or hopeless almost every day for 2 weeks (2017) 16.7% of high school students seriously considered suicide within the past 12 months (2017)</p> <p>Strategies:</p> <ul style="list-style-type: none"> - Improve timely access to behavioral health services and supports - Promote mental well-being in schools and worksites | <p>Indicators: 59% of high school students drank alcohol (2017) 15% of high school students used marijuana in the past 30 days (2017)</p> <p>Strategies:</p> <ul style="list-style-type: none"> - Strengthen community partners collaboration to prevent and reduce youth substance abuse - Apply harm reduction principles in caring for those with addiction to reduce risky substance use and morbidity and mortality | <p>Essentia Health will continue to collaborate on strategies to improve health in the community with Re-Think Mental Health, the Mayors Blue Ribbon Commission on Addiction and the Hunger Coalition.</p> |

