

Essentia Health-Fosston

900 Hilligoss Blvd SE | Fosston, MN 56542

Fosston, MN (1,544 Population)



1 survey, 7 responses



1 focus group, 10 participants



11 partnering organizations

GUIDING PRINCIPLES

1. Collaborate towards solutions with multiple stakeholders (e.g. schools, worksites, medical centers, public health) to improve community health.
2. Build trust through collaboration with community members experiencing health disparities.
3. Prioritize sustainable evidence-based efforts around the greatest community good.
4. Create clear, specific, realistic, and action-oriented goals to improve priority health indicators.

PROCESS

Work Together



Communicate

Mental Health Care	Child Care Access	Healthier Fosston
<p>Indicator: Mental health provider ratio for Polk county is 510:1 vs. 470:1 in Minnesota (2018)</p> <p>Strategies:</p> <ul style="list-style-type: none"> - Decrease the stigma of mental illness - Develop a plan to work to provide additional mental health providers that are trained for addiction counseling 	<p>Indicator: In 2016, there were only 10 child care providers in Fosston, with a need for 100 more child care slots</p> <p>Strategies:</p> <ul style="list-style-type: none"> - Improve community support for child care providers - Develop new child care facilities in the Fosston area 	<p>The Healthier Fosston Committee will continue to work together to partner on strategies to improve health in Fosston.</p>

