

2016 COMMUNITY HEALTH NEEDS ASSESSMENT



EH-West, Fargo, North Dakota



Essentia Health

Here with you

Implementation Plan: Essentia Health-West, Fargo, ND

SUMMARY OF COMMUNITY DEFINED PRIORITIES/STRATEGIES: STRATEGIES FOR EACH PRIORITY

Priority Area:	Goals
Physical Health with a focus on fitness and diet	1. Intervene to improve physical health for the community.
	Partners: Essentia Health, Cass Clay Alive (includes NDSU, Cass and Clay Public Health, Sanford Health, Fargo and West Fargo Public Schools), NDSU Extension Service, Court's Plus
Strategy #1	
Cass Clay Alive Initiative with new focus of "Healthier Babies"	Actions: Breast-feeding is the norm where possible.
	Measures: Breast-feeding rates
Strategy #2	
Continue and expand National Diabetes Prevention Program (NDPP).	Actions: NDPP classes are available.
	Measures: Over the next 3 years, NDPP attendance will grow by 10%.
Strategy #3	
Implement child-focused "We Can" program	Actions: Pilot class is held within 6 months
	Measures: Class pilot takes place in the next 6 months.
	Sources of Measuring Outcomes
	1. Breast feeding rates; # of NDPP attendees grows by 10% over the next 3 years; We Can class takes place annually or as determined by available resources.

Priority Area:	Goals
Mental Health and Addiction services	Intervene to improve both mental health and addiction services for the community.
	Partners for mental health: ReThink Mental Health Coalition that includes Essentia Health, Cass and Clay Public Health, Sanford Health,

	Prairie at St. John's, ReGroup, Face It Together, and others. Partners for addiction: Blue Ribbon Commission on addiction to include community group of key stakeholders (see attached structure of representatives on Executive Committee and Expert Panels).
Strategy #1	
Community implementation of the C-SSS (Columbia Suicide Severity Screening)	<p>Actions:</p> <ol style="list-style-type: none"> 1. Internal and external education and training to drive a common language around the risk of suicide. Community tool will measure risk and correlating intervention at each level of practice.
Short term Outcome: Meetings of stakeholders are convened to identify strategies for Columbia implementation.	Measures: Internal adoption of C-SSS within 3 years.
Strategy #2	
Support community education on trauma-informed care	<ol style="list-style-type: none"> 1. Continue ReThink action to educate teachers and counselors in the schools on trauma –informed care.
	Measures: Number of educators trained per year will rise by 2 % annually.
Strategy #3	
Partner with Mayors and DMF on Blue Ribbon Commission on addiction for Cass and Clay Counties.	<p>Actions:</p> <ol style="list-style-type: none"> 1. Convene subject matters and develop both a short and long term strategy to prevent and treat addiction.
	Sources of Measuring Outcomes
	<ol style="list-style-type: none"> 1. Community involvement can be documented at different access points in 1 year and beyond.