



Essentia Health-Northern Pines
 5211 Hwy 110, Aurora, MN 55705
 Service Area Population: 6,283

 80 community members participated in a survey.

 41 people participated in a focus group.

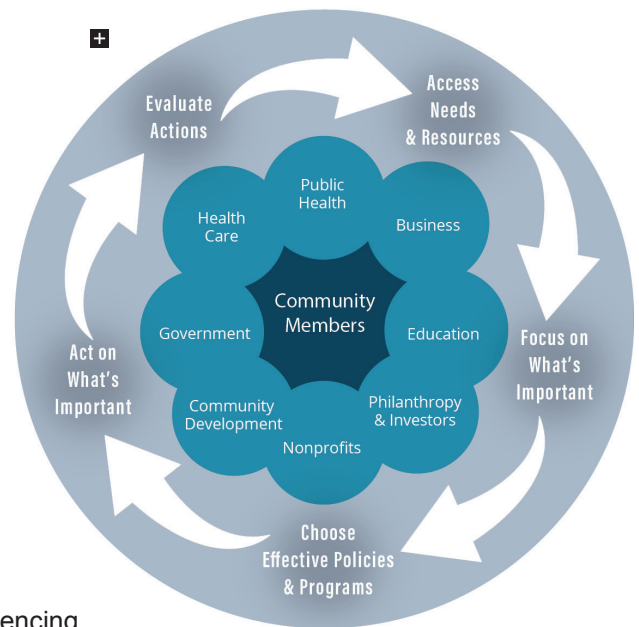
 5 focus groups were conducted.

GUIDING PRINCIPLES

1. Collaborate towards solutions with multiple stakeholders (e.g. schools, worksites, medical centers, public health) to improve community health.
2. Build trust through collaboration with community members experiencing health disparities.
3. Prioritize sustainable evidence-based efforts around the greatest community good.
4. Create clear, specific, realistic, and action-oriented goals to improve priority health indicators.
5. Prioritize strategies that advance health equity, address structural barriers, or reduce health disparities

PROCESS

Work Together



Communicate

Mental Well-being

Resume inter-generational programming that connects Mesabi East high school students and older adults.

Support the Mesabi East Environmental Education Center (ME3C) and its programs.

Empower youth to develop a teen center in Aurora, a safe and inclusive place outside of school where they can develop social ties.

Access to Affordable and Nutritious Foods

Support efforts of area food retailers to stock and prominently place fresh produce in stores.

Work with existing programs addressing food access barriers to promote volunteer recruitment efforts and program participation.

Enhance opportunities for planting in the community, including promotion of existing community garden plots.

