

Essentia Health-Moose Lake

4572 County Road 61, Moose Lake, MN 55767

Service Area Population: 24,390



57 community members participated in a survey.



47 people provided lived experience stories.



9 organizations served on the CHNA committee.

GUIDING PRINCIPLES

1. Collaborate towards solutions with multiple stakeholders (e.g. schools, worksites, medical centers, public health) to improve community health.
2. Build trust through collaboration with community members experiencing health disparities.
3. Prioritize sustainable evidence-based efforts around the greatest community good.
4. Create clear, specific, realistic, and action-oriented goals to improve priority health indicators.
5. Prioritize strategies that advance health equity, address structural barriers, or reduce health disparities

PROCESS

Work Together



Communicate

Mental & Social Well-being	Physical Activity	Food Security
<p>Encourage physical activity and socialization by increasing access to public green spaces.</p> <p>Support community participation by improving communication about existing resources, events, and opportunities.</p> <p>Support school-based programs that aid student mental well-being.</p>	<p>Develop and promote existing programs that support physical activity, and explore opportunities to create or formalize a community recreation "hub".</p> <p>Expand and enhance the walking and biking network.</p> <p>Promote existing recreation programs/clubs and the use of existing recreation facilities.</p>	<p>Partner with a local food retailer to pilot a food shopping education program.</p> <p>Develop partnerships to raise awareness about existing food access programs.</p> <p>Offer hands-on experience with planting, growing, and harvesting fruits and vegetables to community members across the lifespan.</p>

The full report can be found at EssentiaHealth.org/about/chna

For questions or comments, please contact chna.comments@essentiahealth.org



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